Dapto Public School Bicycle Policy

1. Only children 10 years or older are permitted to ride a bike to school. This is in line with the Department of Education and Training and NSW Roads and Traffic Authority recommendation that children under 10 years of age DO NOT ride bicycles to or from school unless accompanied by an adult.

2. Children must correctly wear a Standards Australia approved bicycle helmet at all times when in control of a bicycle.

3. All RTA road rules concerning bicycles are to be followed as outlined in "The law and safety advice for bicycles, rollerblades, scooters and skateboards". This includes the pedestrians' right of way on footpaths. The bell should be used as a warning when approaching pedestrians.

4. Bicycles ridden to school must be in good, safe working order and bicycles must be fitted with a bell.

5. Entry and exit points to Dapto Public School are via the main entrance on Sierra Drive or the western gate on Fairwater Drive.

6. Children are to dismount before entering the school grounds and walk their bicycles whilst on site.

7. Bicycles are to be stored in the bike rack. Bicycles must be locked with a locking device supplied by the bicycle owner.

8. Bicycles and helmets are brought and stored on site at the owner's risk.

9. Children must return to school a completed Bicycle Users Contract before riding to school.

10. Parents will be notified if children do not adhere to the School's Bicycle Policy.

Note: Skateboards, scooters and rollerblades are not permitted at Dapto Public School.
# A Guide to Bicycle Maintenance: Six Point Safety Check

<table>
<thead>
<tr>
<th>Feature</th>
<th>What are you checking for?</th>
<th>How does this bicycle rate?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tyres</td>
<td>- firm tyres</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- tread not worn and no canvas showing</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- no bulges or cuts</td>
<td></td>
</tr>
<tr>
<td>Bell</td>
<td>- rings clearly and loudly</td>
<td></td>
</tr>
<tr>
<td>Pedals</td>
<td>- rotates freely when spun</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- rubber not showing signs of wear</td>
<td></td>
</tr>
<tr>
<td>Lights and reflectors</td>
<td>- secure, clean and shine brightly</td>
<td></td>
</tr>
<tr>
<td>Brakes</td>
<td>- blocks not worn down when brakes applied</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- bike wheel does not rotate when brakes are applied</td>
<td></td>
</tr>
<tr>
<td>Chain</td>
<td>- does not move more than 2.5cm when lifted</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- is well oiled</td>
<td></td>
</tr>
<tr>
<td>Size of bike</td>
<td>- correct size for rider</td>
<td></td>
</tr>
<tr>
<td>(see information</td>
<td></td>
<td></td>
</tr>
<tr>
<td>below)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**What is the right size of bicycle?**

The right size of bicycle:

- has controls within reach
- is comfortable for the rider
- has a level seat
- the rider’s feet should just touch the ground when the rider is sitting on the seat
- handlebars should allow for the arms to be slightly bent as the body leans slightly forward
- the bicycle is the right size if the rider can straddle the crossbar with both feet flat on the ground, otherwise the bicycle is too big and therefore, unsafe. There should be about 3 cm between the bicycle and the rider's crutch for a medium or lightweight bicycle. For a BMX or mountain bike there should be a 10 cm gap. If there is no crossbar, make the test from where the crossbar would be.
Bicycle User's Contract

- I have read and understand the bicycle information provided (Dapto Public School's Bicycle Policy and A Road Safety Notice for Scooters, Bicycles and Skateboards).
- I understand that it is a joint responsibility between my parents and I to keep the bike well maintained with all component parts working correctly.
- I will wear my Standards Australia approved helmet correctly when riding a bicycle to and from school.
- I will ride in a safe manner to and from school, observing all road rules concerning bicycles.
- I understand that I bring my bicycle to school at my own risk and will secure it with a locking device in the bike rack.

Signed (child): __________________________

Signed (parent): __________________________

Date: __________________________

Please return this contract to school. It will be copied and returned for your reference.

Bicycle Permission Note

I give permission for: __________________________ (child's name) __________________________ (date of birth) to ride his/her bicycle to and from school.

- I have read and understand the bicycle information provided (Dapto Public School's Bicycle Policy and A Road Safety Notice for Scooters, Bicycles and Skateboards).
- I have read and explained the bicycle information provided (Dapto Public School's Bicycle Policy and A Road Safety Notice for Scooters, Bicycles and Skateboards) to my child.
- I have reviewed the Guide to Bicycle Maintenance to check my child's bicycle for roadworthiness and understand that it is my responsibility to keep the bike well maintained with all component parts working correctly.
- My child will correctly wear a Standards Australia approved helmet when riding a bicycle to and from school.
- I understand that bicycles are brought to school at the owner's risk.
- My child is 10 years of age or older.

Signed: __________________________

Relationship to child: __________________________

Date: __________________________

Please return this bicycle permission note to school.